



MACKILLOP NEWSLETTER

VOLUME 16 2016, 14 OCTOBER

PRINCIPAL'S LETTER

Dear families, students and friends,

Welcome to Term 4

I hope all members of the College community have enjoyed a break from study and spent some time in recreation and relaxation. Term 3 is always a busy time for MacKillop, and we are now heading into the business end of the year. Let's hope that Term 4 is a productive and successful time for all of us.

Greetings from Hyde Park, New York

This village is located in the Hudson River Valley, about an hour and a half drive north of New York City, and is the birthplace of the 32nd President of the US, Franklin D Roosevelt. It has been a real privilege to tour the grounds of the estate, to visit the Franklin D Roosevelt Presidential Library, and to reflect at the gravesite of President Roosevelt and his wife, Eleanor. The peace and tranquility of this wonderful state is contrasted by an overwhelming sense of energy and action that was a hallmark of the life of the Roosevelts. Action in place of inaction was the byword of that family and it carried the United States through the Great Depression, World War II, and the creation of the United Nations.

FDR and Eleanor Roosevelt's legacy of created energy on behalf of the betterment of human dignity, peace and prosperity, are timely reminders to leaders around the world today.

Mr Rick Sidorko, Headmaster of Marist College

Many of you will be aware that the headmaster of Marist College has announced his resignation, effective at the end of 2017. Mr Rick Sidorko has provided outstanding leadership to that school, at times in challenging circumstances, and on his watch that school has been carried to further greatness. Rick Sidorko is the kind of colleague that answers his phone, provides support, keeps the confidence, and answers a direct question with a direct answer. His pride and affection for his community is rarely matched. His heart and soul is Marist.

Mr Sidorko's departure will be a loss for MacKillop also. The wisdom of his advice, and the sincerity of his admiration for MacKillop's achievements have been welcomed. I would like to take this opportunity to wish Mr Sidorko and his family well, and on behalf of all of you wish the Marist Brothers wisdom and judgment in their search for their next principal.

Science tour returns safely

It was a pleasure to be able to spend some time with the students from MacKillop and Trinity Christian School during their visit to Washington last week. This exciting venture between the two schools has opened possibilities for further international travel. I was able to visit the National Gallery of America, the Smithsonian Museum of American History, and the Washington, Lincoln, and Vietnam Memorials during our time together in DC.

Thank you to Mr Lachlan McNicol

I'd like to thank Mr McNicol for his leadership of the College during my Long Service Leave. Mr McNicol's profound knowledge and understanding of the school and the certainty of his wisdom and judgment have been greatly appreciated by the staff, students, and the MacKillop community. It is not easy to act in a position of leadership and I thank Mr McNicol for the manner that he has discharged that responsibility.

Yours sincerely in St Mary MacKillop,

MICHAEL LEE
PRINCIPAL

PRINCIPAL'S PRAYER

Hail Mary, full of grace. Our Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

UPCOMING EVENTS

OCTOBER WEDNESDAY 19	• Year 9 Outdoor Ed Camp departs
OCTOBER WEDNESDAY 26	• Senior Hospitality Parent Dinner
NOVEMBER WEDNESDAY 02	• Long Tan Assembly (I) • Campus Captain Elections (W)
NOVEMBER TUESDAY 08	• Year 10 Exams commence
NOVEMBER THURSDAY 10	• ISART Exhibition Opening

COLLEGE NEWS

2017 College Captains

Late last term 19 Year 11 students stood for positions as College student leaders for 2017. In nominating themselves they submitted applications, sat in interviews with members of the College Executive led by Mr Lee, addressed speeches to the Isabella Campus, before their peers and staff voted for the six positions. The quality of candidates and their speeches were exceptionally high with each of the elections closely contested.

Congratulations to the students listed below who were elected to lead the student body in 2017:

Female College Captain:	Grace Bowyer
Male College Captain:	Sam McDonough
Sports Captain:	Jack Adamson
Performing Arts Captain:	Natasha Brittain
Faith and Community Captain:	Molly Philpot
Sustainability Captain:	Lauren Frost

Lachlan McNicol, Campus Head (Acting)

New Director of Catholic Education

On the last day of Term 3, Archbishop Christopher Prowse announced the appointment of Mr Ross Fox as the new Director of Catholic Education for our Archdiocese. Mr Fox will replace Mrs Moira Najdecki, former Principal of MacKillop (2004 - 2006), who is retiring after 10 years of service as the Director in January 2017. On behalf of the MacKillop community I congratulate Mr Fox on his appointment and wish him well for what will be a new era in Catholic education in the Archdiocese of Canberra Goulburn. A copy of the Archbishop's announcement can be found at the end of this newsletter.

Educational Access Scheme (EAS)

The Universities Admissions Centre administers university applications for Year 12 students. The EAS can assist student who has suffered educational disadvantage gain entry to university. Full details of the scheme are available at <http://www.uac.edu.au/eas/>. Parents/carers wanting more information can contact Mrs Maria O'Donnell on 6209 0140.

Maria O'Donnell, Assistant Principal Curriculum (acting)

Student Achievement

Gabriella Hardie (Year 11) is currently in Coffs Harbour where she is representing the ACT in Oztag.

Charly Thorn (Year 12) made her debut appearance as a designer at Canberra's fashion carnival, FASHFEST, during the school holidays. A number of MacKillop students also took part as models or backstage: Claire Mackey (Year 12), Abby Macnab, Pearce Gibbs-Patterson (Both Year 11), Janice Rebello, and Ploy Patcharida (both Year 10).

Miriam McLaren (Year 12) has been offered a four-year sports scholarship by Martin Methodist College in the USA. Miriam has been recruited as a goalkeeper to join the College women's soccer team, which has a history of producing international players. She will commence studying a Bachelor of Science in January 2017.

Ashleigh Arrow (Year 12) was short listed for a Snedden Hall & Gallop university scholarship for legal studies, which provides financial assistance to students wishing to study law at university in the ACT. The candidates were required to undertake a gruelling set of oral presentations and interviews to be selected for the scholarship. Ashleigh delivered a magnificent presentation on "Should Australian judges be elected?" Unfortunately, despite an excellent presentation and strong legal argument, Ashleigh was unsuccessful and did not receive the scholarship at this time. Nevertheless, the College congratulates Ashleigh for being short listed and on her outstanding efforts during the selection process.



ACT T20 Blast Cricket Champions

One of our two Year 9/10 girls teams became the ACT T20 Blast Cricket Champions on Wednesday. They went through the competition undefeated, with their closest match being against the other MacKillop team. The team consisted of: Abigail Adera, Samantha Bowles, Amber Brophy, Maddy Garfath, Abbey Jameson, Lauren Phillips, Charlette Polmanteer, Lauren Thomas, and Maddyson Watson.

Politics Club

Throughout Term 3, The Politics Club at Isabella, which runs every Wednesday at lunch, was extremely fortunate to have two politicians from the ACT Legislative Assembly and one candidate speak to us about themselves, their party and their vision. The candidate and the two MLAs all live and represent the electorate of Brindabella. We were able to ask questions to the MLA's directly. This was a positive experience and we are extremely grateful to the MLAs who visited us during their busy campaign trail. The visits could not have occurred without Mr Batten who organised the visits and runs the Politics Club every Wednesday.

The first visit was by Karl Maftoum from the Labor Party. He is a candidate for the electorate of Brindabella. He spoke to us about his vision for Tuggeranong, partially focusing on the need for Urban Renewal in the Tuggeranong Town Centre, better road infrastructure and addressing public transport issues.

The second visit was by Nicole Lawder MLA. She is a member of the Liberal Party, represents the electorate of Brindabella and is the Shadow minister for Housing, Shadow Minister for Family and Community Services and the Shadow Minister for the environment. Nicole spoke about her working career in various sectors, focusing on Homelessness and Community Services sectors. Nicole spoke about why she became a politician and her life both before and during politics.

The third and final visit was by Andrew Wall MLA. He is a member of the Liberal Party and represents Brindabella. As one of the youngest members of the Assembly, Andrew was able to speak about many issues facing youth in Tuggeranong with a personal experience. He introduced himself to us and was happy to share personal stories. He spoke about his policies, domestic violence and first home buyers.

On behalf of all the members of the Politics Club, we wish to thank Karl, Nicole, Andrew and Mr. Batten for taking the time to participate in these visits.

Ruben Mayenco, Year 10

School Fees

Term 4 Fees have now been sent out. Fees are to be paid by 28 October 2016 unless paying by Direct Debit or other approved method. If you would like more information regarding Direct Debit payments or have any queries regarding your fees, please contact the Fees Office.

If you would prefer to have your fees sent electronically please send an email to michelle.predovan@mackillop.act.edu.au from the email address you would like to have your statement sent to.

Please note we now accept payment through the QKR! App.

Michelle Predovan, Fees Manager

WANNIASSA NEWS

Student Leadership Elections for 2017

The Term 4 Pastoral Program theme is Community Service and Leadership, incorporating the process of electing student leaders for 2017. This process will commence on the Wanniassa Campus next week with nominations opening for interested students. Nomination forms will be available for collection from Pastoral Care Coordinators on Wednesday 19 October. The nomination period closes on:

- Wednesday 26 October for current Year 8 students
- Friday 28 October for students currently in Year 7 and 9

eSafety workshop

An eSafety expert from the Office of the Children's eSafety Commissioner will be delivering a workshop on how you can help keep young people safe online. The workshop aims to provide information on how:

- young people are using social media and technology
- to make a complaint about child cyberbullying
- we can help remove serious cyberbullying material

The workshop is open to all families on Monday 24 October St Clare's College 5:30pm - 7:30pm in the College Gymnasium. To register, visit <https://stcc.act.edu.au/esafety-presentation-attendance-registration/>

Status Awards

Congratulations to the following students who have this week been presented Status Awards at the Wanniassa Campus Assembly:

Bronze Status - Anna Ovari (7A1), Keira Rogers (7A2), Aaron Hilborn (7A3), Angeline Reed (7AF), Oliver Waldron (7AF), Yolanda Ati (7E1), Angelo Bourandanis (7E1), Maren Fields (7E1), Maebelle Lawson (7E1), Maddison Mapstone (7E1), Tia Ross (7E1), Zoe Wright (7E1), Linzi Mosszt (7E2), Ella Black (7W1), Rebecca Fallshaw (7W1), Lily McLachlan (7W1), Ashton Tulk (7W1), Michael Barber (7W2), Hollie Brown (7W2), Lucija Filipovic (7W3), Tobey Phillips-Rose (7W3), Matthew Cawley (8F2).



Italian Cultural Task

In Term 3, as part of the Year 7 and 8 Cultural Task, we made a mask that reflected Italian culture and could be worn at the Carnevale di Venezia. Out of all the colourful choices, a handful were chosen to enter into a competition to celebrate the 16th World Italian Language Week. It was so much fun designing and creating the masks and now we are waiting eagerly to hear if anyone from our school won! Buona Fortuna!

Julia Del Bianco, Year 8

French visit to the NGA

On Wednesday 24 August our Year 9 *classe de francais* travelled to the National Gallery of Australia. The purpose of the trip was to give us an opportunity to listen to a fluent French speaker present different works of art with a focus on those from France. We took lots of photos of different artworks and when we got back to school we had to choose two artworks that we liked and use our French knowledge to create sentences about them. It was a brilliant opportunity and the group thoroughly enjoyed our time at the gallery.

Alli Bruce, Year 9

Parentingideas

The article below, "Make the most of teachable moments to promote resilience," recognises that when we as parents and teachers focus solely on making the situation better for our children we miss some massive opportunities to help kids learn. These learning opportunities are usually hidden as problems such as change, loss, rejection and conflict and mastering these teachable moments is how we can help our children become resilient and bounce back from some of the setbacks they encounter.

Monica Bailey, AP Pastoral Care, Wanniassa Campus

COMMUNITY NEWS

Corpus Christi Stole Archive

At Corpus Christi Parish, each child who celebrates First Reconciliation, First Eucharist and/or Confirmation within our Parish creates a sacramental stole which is worn at the celebration of the sacrament. These stoles are kept by the Sacramental Co-Ordinator after each sacrament, until Confirmation when they are sent home with the child. Occasionally, and for various reasons, children do not celebrate Confirmation at our Parish and therefore, do not take their stole home. This has resulted in a large number of stoles in the stole archive. If you believe a member of your family has a stole in the archive please contact me on the email below before 31 October 2016, after which date all uncollected stoles in the archive will be destroyed.

If you know of another family who this may be relevant to, please contact them with this information. Further details are available on the Corpus Christi Parish website: www.ccparrish.org.au.

Dance Central

Dance Central is launching a new hip hop boys' crew! A free hip hop workshop will be held at the Open Day on Sunday 20 November. Crew auditions will be held on Sunday 27 November. For information, visit www.dance-central.com.au or call Linda on 0404 931 031.

Student Exchange Live Info Session

A free, live online information session for Student Exchange Australia New Zealand will take place on Wednesday 19 October at 7.30pm. Visit www.studentexchange.org.au for information or to register.

Brindabella Blues Girls Soccer

A come and try evening will be held at Calwell Playing Fields on Monday 31 October from 5.30-7pm for U8-U14 girls. A girls only summer development academy will also take place on Mondays throughout November, December, and February. Come and Try Registration: bbfcgirlscoord@gmail.com Academy Registration: vicepresident@bbfc.org.au

Sutherland Softball Club

Sutherland Softball Club is a friendly, family-oriented club that welcomes new members. Register and find further information at www.sutherlandact.softball.org.au.

Active Rides

Discover various ways of riding, maintaining and having fun on your bike. Each week we will focus on trying different riding techniques: Bike safety skills, BMX, Bike Polo, MTBing, and Basic bike mechanics. The Active Rides program takes place once a week for six weekday afternoons for boys and girls at Stromlo Forest Park, Tuggeranong College, or Campbell High School. Bring your own bike and helmet, spaces are limited. It starts the week of Monday 17 October 2016. To register or for more information visit: pedalpower.org.au

Rugby 7s

The Foxtel Viva 7s touch rugby starts soon, with competitions in Tuggeranong and Queanbeyan. For information, contact Lee Boswell (Tuggeranong) at Lee.Boswell@vikings.com.au or Simon Booth (Queanbeyan) at president@whitesjuniorrugby.org.au.

EXAM TIMETABLE

Semester exams form an important part of the teaching and learning, and assessment and reporting cycle. The upcoming exams are an opportunity for all students to demonstrate their learning over the semester. Students can maximise their achievement by:

- Creating and using an organised, regular study routine
- Seeking clarification when understanding or learning is challenged
- Practising the skills and knowledge that will be tested
- Studying in a comfortable space with minimal distraction
- A regular sleep routine
- Fuelling their bodies with nutritious food
- Balancing study time with exercise and relaxation time

You will find the Semester 2 Exam Timetables below. Year 11 and 12 students and parents will shortly receive an email outlining Exam Guidelines. These guidelines ensure that all students have an opportunity to do their best and are underpinned by BSSS principles.

Mrs Maria O'Donnell, Assistant Principal Curriculum (acting)

Year 10 Exams S2 2016		
Tuesday 8 November	Period 1-2	Year 10 Religion
Wednesday 9 November	Period 1-2	Year 10 Science
Thursday 10 November	Period 1-2	Year 10 Mathematics

Students are to attend normal scheduled Year 10 classes for all other periods.
All other Year 10 assessment will be scheduled in normal class time.

Senior Exams S2 2016		
	Year 11	Year 12
Wednesday 16 November Morning (9.00am)	Psychology A/T General Science A/T Specialist Mathematics	English T Essential English
Wednesday 16 November Afternoon (1.15pm)	English T Essential English	Psychology A/T Physics Economics
Thursday 17 November Morning (9.00am)	History A/T - Modern Hospitality T Physics	RE A/T
Thursday 17 November Afternoon (1.15pm)	Mathematical Applications Mathematical Methods	Literature
Friday 18 November Morning (9.00am)	Business A/T IT A/T Biology	Business A/T History A/T - Ancient Chemistry
Friday 18 November Afternoon (1.15pm)	Literature Exercise Science A/T Social and Community Work	Mathematical Applications Mathematical Methods
Monday 21 November Morning (9.00am)	Geography A/T Sociology A/T Economics	Geography A/T Exercise Science A/T IT A/T Sociology A/T Specialist Mathematics
Monday 21 November Afternoon (1.15pm)	Legal A/T Business Administration	History A/T - Modern Legal A/T Business Administration
Tuesday 22 November Morning (9.00am)	IT DM History A/T - Ancient	IT DM Earth Science Biology
Tuesday 22 November Afternoon (1.15pm)	Chemistry Music A/T	Hospitality T Social and Community Work Music A/T

Please Note: Some courses do not have a final semester exam.

All Year 11 and 12 students will receive a personalised examination timetable indicating session start and finish times and locations.

Enquiries regarding exam schedule should be directed to Janine Hickson, Student Records in the first instance on 62090129.



Make the most of teachable moments to promote resilience

How they cope will be determined by their resilience and the mindsets of the significant adults around them.



Kids live in the NOW. Fun comes before work in their dictionaries.

It's easy for parents to get tied up in the NOW particularly when kids experience hardships, frustrations and difficulties. We just want to take away their pain!

When we focus solely on making the situation better we miss some massive opportunities to help kids learn and grow.

The big learning opportunities are usually hidden as problems. Most commonly they are: change, loss, rejection, failure, disappointment and conflict.

Perhaps your child has experienced one of these common challenges:

- ▶ Been snubbed by a classmate or friend
- ▶ Missed being picked for a team even though they tried hard
- ▶ Worried about going to school camp
- ▶ Had something stolen from them
- ▶ Been taught by a teacher they don't get on with

I am not suggesting we want bad things to happen but developmentally life throws up these types of curve balls all the time for kids.

How they cope will be determined by their resilience and the mindsets of the significant adults around them.

When parents and teachers have mindsets for resilience then they see these situations as **TEACHABLE MOMENTS**.

A teachable moment is usually disguised as a problem and is easily missed when we focus on the now.

When faced with a **TEACHABLE** moment ask yourself:

- ✓ **How can I teach my child to cope?**
e.g. Encouraging kids to talk about problems is a great coping skill.
- ✓ **What can my child learn about himself for next time?**
e.g. A child may learn when he goes on a school camp that he was dreading that he can spend time away from home and still survive.
- ✓ **What can my child learn to avoid or turn this situation around?**
e.g. A child may learn that he can reduce conflict with less than pleasant peers by ignoring nasty comments and actively spending more time with friendly kids.

Parenting has always required an exceptionally strong set of skills, including carer, nurturer, leader and negotiator. That's why it is such a hard job.

BUT the longer I am involved in parenting the more I am convinced that Parenting is fundamentally about TEACHING.

The ability to pass on skills, knowledge and attitudes is the most important skill of all.

We teach by modelling but we also teach kids explicitly. That means we talk to kids about 'stuff' and help them to work out how they may cope or manage different situations they meet.

First we need to be on the look out for **TEACHABLE MOMENTS**. Then make the most of these opportunities so that kids can grow and learn from some of the challenges they face.

Mastering these teachable moments is how parents help their kids become resilient and bounce back from some of the setbacks they encounter now and, importantly, in the future.



**Catholic Archdiocese of
Canberra and Goulburn**

Media Statement | 23 September, 2016

Appointment of Director of Education

I am pleased to announce the appointment of Mr Ross Fox as the new Director of Education for the Catholic Archdiocese of Canberra and Goulburn. I am confident that Ross will bring to the role a deep faith, understanding and commitment to the mission of the Archdiocese, and will assist me in my pastoral responsibilities. He will be a worthy successor to the great contribution in this vital area given by Ms Moira Najdecki.

Ross is profoundly committed to Catholic education, as evidenced by his work as Executive Director with the National Catholic Education Commission, having been appointed to the role in July 2013. Prior to his current role Ross held senior positions with the Catholic Education Office, Melbourne, and the Catholic Education Commission of Victoria.

Ross has demonstrated his commitment to the Catholic faith and teachings of the Church through both his work in Catholic education and as an active participant in parish life.

His desire for learning and development motivated him to broaden his academic experience by reading Philosophy, Politics and Economics at Oxford University. His time at Oxford studying with the Dominicans was also significant in his own personal faith development.

This position attracted a high number of very well qualified applicants. The selection panel was chaired by Fr Richard Thompson PP, and included another Archdiocesan executive; a Director of Schools from another Diocese; and a former Director of Schools. We were assisted in this process by an external consultant. I am most grateful for their contributions.

I take this opportunity to congratulate Ross on being appointed to such a significant role in the Archdiocese of Canberra and Goulburn; and for Catholic education in the ACT and NSW.

Ross will take up his duties in early December 2016.

I invite you to welcome Ross as he takes up the role as Director of Education.

Archbishop Christopher Prowse
Catholic Archbishop of Canberra and Goulburn
23rd September 2016

Media enquiries, please contact: Aoife Connors on 0450 348 597 or media@catholic.org.au