



MacKillop

St Mary MacKillop College Canberra

COLLEGE
NEWSLETTER
2 NOVEMBER 2018

NO. 17



PARENT SURVEYS

PAGE 3

Principal Michael Lee goes through the results of the Parent Satisfaction Surveys that were taken in August.

MULTICULTURAL WEEK

PAGE 4

The Senior Campus held its first ever Multicultural Week last week, with different cultures celebrated on each day of the week.

OUTDOOR ED CAMP

PAGE 5

Year 9 students were able to take part in a range of activities at the Semester 2 Outdoor Education Camp in Tathra.

TEACHING+LEARNING

PAGES 8-10

There's been a lot happening in the classrooms of St Mary MacKillop College - find out more on pages 8-10.

EXAM TIMETABLE

PAGE 11

It's coming up to that time of year again! The Senior Campus will be busy in the next few weeks with Year 10 and Senior Exams.

COMING

UP

MON **05** NOV

• Year 7 Immunisations

TUE **06** NOV

• Year 7 Immunisations

WED **07** NOV

• Long Tan & Remembrance Day Assembly
• Campus Captain elections

MON **12** NOV

• Year 12 Production

TUE **13** NOV

• Year 12 Production
• Year 10 Exams commence

WED **14** NOV

• ISART Exhibition

TUE **20** NOV

• Year 12 Breakfast
• Year 12 Farewell Assembly

CONTACT DETAILS &

SOCIAL MEDIA



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Absentee Phone Lines

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Years 10-12: 02 6209 0110



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stmarymackillop**

PRINCIPAL'S

LETTER



Dear families, students and friends,

SENIOR HOSPITALITY DINNER

Congratulations to Year 11 and 12 Hospitality students, who produced their evening dinner for their parents, caregivers, friends, and staff on Wednesday night. Their skill and expertise reflected excellent teaching and training, their pride was well placed and their flair was all their own and typical MacKillop! It is rare that many of us dine so well – midweek!

PARENT SATISFACTION SURVEYS

Thank you to the 400+ parents and caregivers who took the time to respond to the Satisfaction Surveys, sent by link to all families earlier this term. Whilst some people responded to all questions, this was not the case for everyone. Given the number of questions, I am sympathetic. Below are the responses by percentage of respondents who 'agreed' or 'strongly agreed' with the statement. Thank you also for the comments, many of which offered constructive ways forward and generous affirmation. Much of the feedback has been incorporated into the school's improvement plan for 2019. This will be published at the end of the year.

- The school is a safe place for my child (97%)
- The staff at this school take an interest in my child (94%)
- Most teachers in our school make learning really satisfying and engaging for my child (92%)
- I am happy with my child's learning progress (88%)
- The school communicates clearly that it has high expectations for student attendance, engagement and outcomes (97%)
- I would recommend this school to others (95%)
- I am happy with the school's facilities (98%)
- This school is well maintained (99%)
- Communication between the home and school is effective (94%)
- The school responds quickly to my concerns (94%)
- Parent/teacher conferences are helpful at our school (84%)
- The school's reporting processes give me a good understanding of my child's progress and areas for improvement (88%)
- This school celebrates student achievements (98%)
- Our school manages behaviour incidents well (90%)
- I am happy with my child's access to technology in our school (95%)
- Change initiatives are well managed at our school (97%)
- Our school has explicit, clearly communicated school-wide targets for improvement (88%)
- I feel welcome and part of the school community (94%)
- I have opportunities to be involved in the life of our school (84%)
- Catholic religious identity is a strong focus in our school (97%)
- Staff, students and parents are actively involved in the prayer life of our school (94%)
- The School Board is effective at our school (96%)
- The College leadership is working to continually improve teaching and learning at the school (96%)

Yours in St Mary of the Cross MacKillop,

MICHAEL LEE
COLLEGE PRINCIPAL

"Welcome to the new families who joined MacKillop this term and welcome back to staff and students."

PRINCIPAL'S PRAYER

Lord,

We keep the communities of Campbell High School and Erindale College in our prayers. May they know that our community stands with them in their grief.

Amen.





MULTICULTURAL WEEK

The senior campus held the College's first ever multi-cultural week during week 12. Each day was the focus on different parts of the world starting with Africa. The indigenous game of Dibeke was played at lunchtime on Monday and we also learnt the following fun facts: Africa is the most centrally located continent; both the Prime Meridian and the Equator pass through it. Tuesday was dedicated to Asia, with sushi available for recess and lunch and the money going towards our House charities. Did you know that it is not uncommon to find canned air on sale in China due to the wide spread pollution? Wednesday was all about Europe and we celebrated the Portuguese flower festival (Festas do Povo Or Festas das Flores). At lunch there was a heated game of soccer on the oval between Years 11 and 12. Did you know that in France it is illegal to name your pig Napoleon? On Thursday we took a trip to the Americas, celebrating the Day of the Dead with a colourful display in the quad and the soundtrack to Coco also playing. Did you know that 27% of Americans believe that we never landed on the moon? Lastly we explored our own Australian culture with a game of Buroinjin on the oval. Did you know that the word mate was banned in parliament in 2005. The ban only lasted 24 hours before being overturned. The initiative is one that we hope will continue to be held annually at MacKillop and deepen our knowledge and appreciation of other cultures.

Elle Caldwell and Sarah Purcell

Year 12 SRC

STUDENT ACHIEVEMENT

Tyla Hardy (Year 9) represented the ACT at the Australian Volleyball Championships on the Gold Coast in October. Tyla has now been invited to the Australian Volleyball Junior National Camp in Victoria this December.

Mr Jeremy Margosis and a band of senior drama students - Ashy Kinsella, Robert Kjellgren, Audrey Kent, Cale Merriman, David Hiscock, and Tayla Harnas - have been successful in gaining a spot at the Canberra Comedy Festival next March. Their show is titled 'Edjumacation'.





OUTDOOR ED CAMP

On 24 to 26 October, 90 Outdoor Ed students attended camp. By 8 AM, the four very excited classes hopped onto the buses and around three hours later, we arrived at Tathra beach. We were split into two different groups. Over the three days each group got to play beach games, go surfing, build and race rafts, cook our own dinners, build bivvy's and hike across many landscapes including rocky beaches and steep hills.

Overall, Outdoor Education camp was an outstanding experience. Everyone experienced something new and we were definitely pushed out of our comfort zones.

We thank Mr Belcher, Mr Coates, Mr Webster, Mr Kelly and Miss Connolly for accompanying us on the camp as well as the Coastlife staff who took excellent care of us across the three days. Congratulations to the students who were able to showcase MacKillop in a very positive manner.

Chloe Pascoe + Maja Brophy

Year 9 students

SHE LEADS CONFERENCE

On Thursday 1 November, 10 girls from Years 9 and 10 attended the *She Leads* high conference at the Ann Harding conference centre, University of Canberra. We were able to connect with other students from schools across Canberra and New South Wales, whilst learning about leadership and what it means to be a female in today's society. We heard from Dhaini Gilbert, Young Canberra Citizen of the Year awardee, Taylor Perrin, 2018 National Women in Construction awardee, and many other empowering women under the age of 25.

A huge thank you to Ms White for accompanying us on the day, as well as Mr Kelly and Mr Reay for transporting us to and from the event. Our favourite quote from the day was, "There's a million and one goals you can achieve and a million and one ways to achieve it." - Taylor Perrin

Chloe Pascoe

Year 9 student





YEAR 8 MATHS EXAMS

As a result of our involvement in a literacy project and international TIMMS testing the Year 8 Mathematics Semester Exam will be rescheduled for all classes.

- Testing scheduled for Wednesday 7 November will now occur on Monday 12 November.
- Testing scheduled for Thursday 8 November will now occur on Tuesday 13 November.

Revision for this exam is on Canvas, which we encourage all students to complete prior to their exam. Please contact me with any concerns at angela.dirago@mackillop.act.edu.au or on (02) 6209 5284.

Angela Dirago

Mathematics Coordinator (Acting) - Padua Campus

LEARNING COMMONS

The Learning Commons Library at the St Peter's Campus will be open to senior students each day during Weeks 4 - 6 from 8 am until 6 pm Monday to Friday. The extended opening hours enable students to study for exams, complete assessments and to seek assistance if needed. We encourage students to take advantage of this opportunity.

Cathryn Thomas

Teacher Librarian

FUNDRAISER FOR DROUGHT RELIEF

The "Monday Movie Madness, Trivia and Games" fundraiser has been POSTPONED. The College will keep you informed on a new date.

We are also seeking donations of toiletries, dry dog food biscuits and non-perishable food items.

Jeremy Margosis

SRC Facilitator - Padua Campus

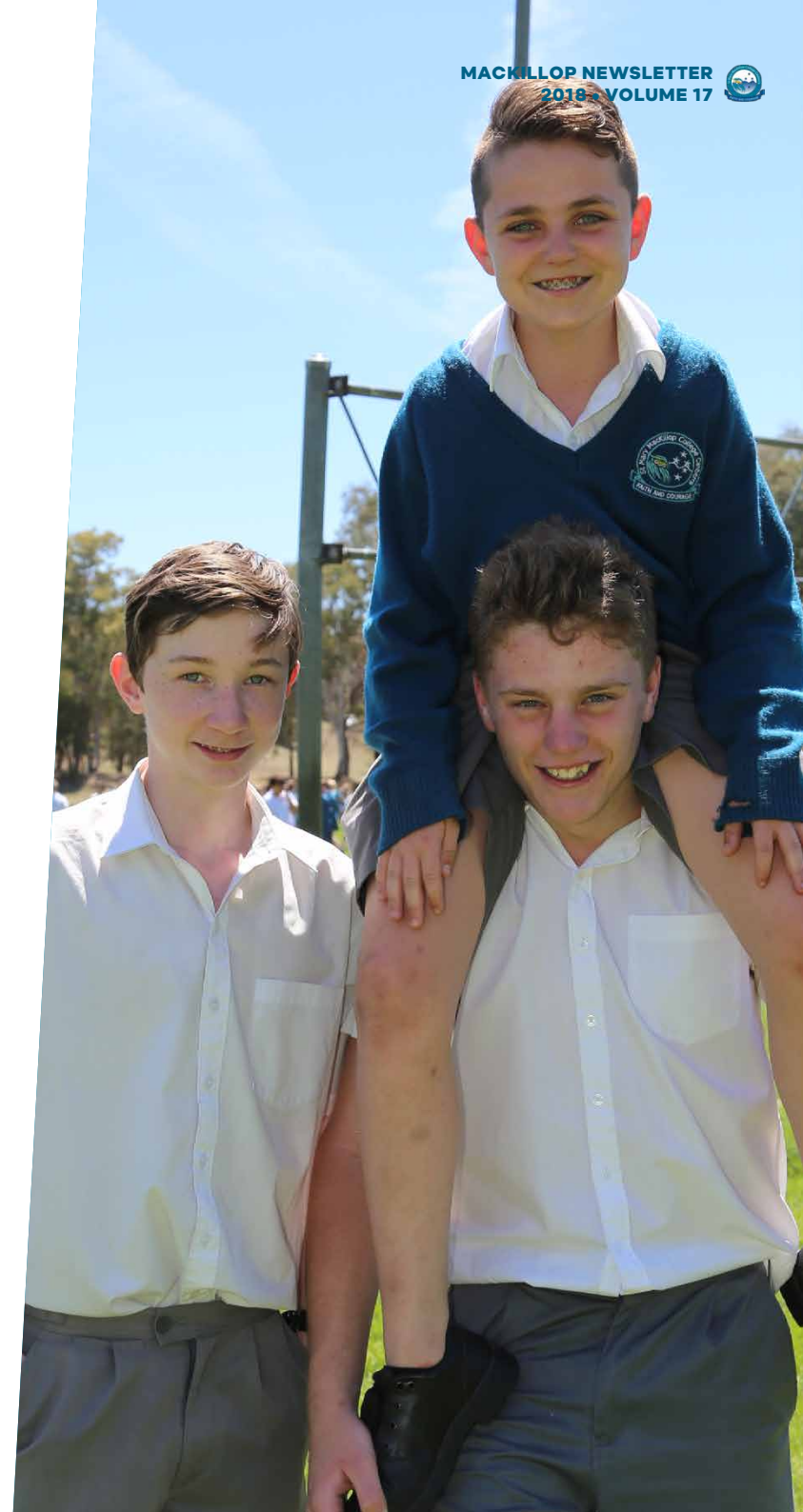
SCHOOL FEES

Fees for Term 4 should now be finalised unless paying by Direct Debit or other approved arrangement. Any outstanding fees should be paid immediately.

It is most important that you notify the College regarding any changes to your email address as this is our primary form of communication. If you require more information regarding Direct Debit arrangements or other approved payment methods or are experiencing difficulty paying the fees please contact the Fees Office.

Michelle Predovan

Fees Manager





2019 STUDENT LEADERSHIP ELECTIONS

The Elections for 2019 House Captains took place this week with 23 Year 11 students making speeches to peers in their Houses. The election results will be announced on Tuesday 6 November.

An outstanding field of 17 students in Year 8 will stand for election as Padua Campus Captains next Wednesday 7 November.

A further 16 positions on the College Student Representative Council will be voted upon in elections for students in Year 7, 8 and 9 on Wednesday 21 November.

STUDENT MENTORING: STUDY HABITS AND ORGANISATION

This week Year 7, 8 and 9 students had their final Student Mentoring lesson of 2018. The objective of the lesson was to assist students in identifying how they might improve in the areas of:

- Personal study habits,
- Organisational skills
- Effective time management
- Completing assessment and other school work outside of class time

Video interviews of students across Year 7 to 12 provided insights into how some particularly organised students; prioritise their work, complete school work outside of school hours, minimise distractions, and manage their workload to maintain balance in other areas of their life.

Each student was encouraged to reflect on how they might improve in developing particular study habits, planning their time more effectively or implementing strategies to work more productively.

Lachlan McNicol

Assistant Principal Pastoral Care

EXAM REVISION

As students prepare to sit exams in the coming weeks, revision can play a vital role in preparing students to perform to their capacity and in assisting to reduce stress. Below are:

- strategies that have been proven to improve memory and exam performance
- some of the common mistakes that poor revisers make

As parents/carers, reinforcing effective revision strategies with young people at home in the weeks leading in to exams can be particularly beneficial.

BEST WAYS TO REVISE

- Using The Testing Effect – doing quizzes, tests and past-papers
- Spacing – one hour a day for eight days is far more effective than doing eight hours in one day
- Mixing It Up – don't have a 'maths day' or a 'science day', do a few different subjects each day
- Get Plenty of Sleep – sleep is a key component for good memory
- Finding a Good Revision Buddy – revise with people who help you work harder
- Teaching Someone – this helps ensure you understand and can explain key concepts

WORST WAYS TO REVISE

- Excessive Highlighting – using highlighters for colouring in rather than highlighting key information
- Cramming – trying to do all your revision in one go
- Blocking – doing one subject for a long period of time and not revisiting it later
- Procrastination – delaying starting your revision and doing it all last-minute
- Long Breaks – having the wrong ratio of revision time to break time
- All Nighters – sacrificing sleep in order to stay up and revise





THE USA COMES TO MACKILLOP

In Week 1 of Term 4, MacKillop hosted guests from the U.S Embassy in Canberra to speak to the Year 12 Legal Studies Class and the Year 11/12 Global Studies Class.

In Legal Studies this semester, students have been learning about International Law. The US Political Affairs Officer, Mr John Hennessey-Niland and Mr Michael Bowerbank, the Cultural Affairs Officer for the U.S. Embassy, came to the Legal Studies class to speak of his former role in the International War Crimes Tribunal in Rwanda and the former Republic of Yugoslavia. Mr Hennessey-Niland was the specific US designated representative to the Tribunals from 1994-1998. He not only spoke about the legal avenues and difficulties of prosecuting individuals with war crimes and crimes against humanity, but also of the logistical, diplomatic and financial difficulties the tribunal faced.

In Global Studies, students have been learning about international relations and have focused on contemporary issues including the rise of China, the role of the United States and these two key countries' behaviour in the South China Sea (or lack of good behaviour). Our guest speaker on this occasion was the newly appointed Mr Peter Dyaico, the Deputy Political Counsellor for the United States in Australia. He spoke of the role that the United States has in the Indo-Pacific region and difficulties it faced.

Both classes really enjoyed and valued the time our guests took out of their busy schedule to visit us. It was such a wonderful to experience to hear the real experiences and views of diplomats working in such vital areas of international affairs.

We wish to give a very big thank you to the U.S Embassy in Canberra for visiting our College and allowing us to visit the US Embassy in Term 3.

Ruben Mayenco

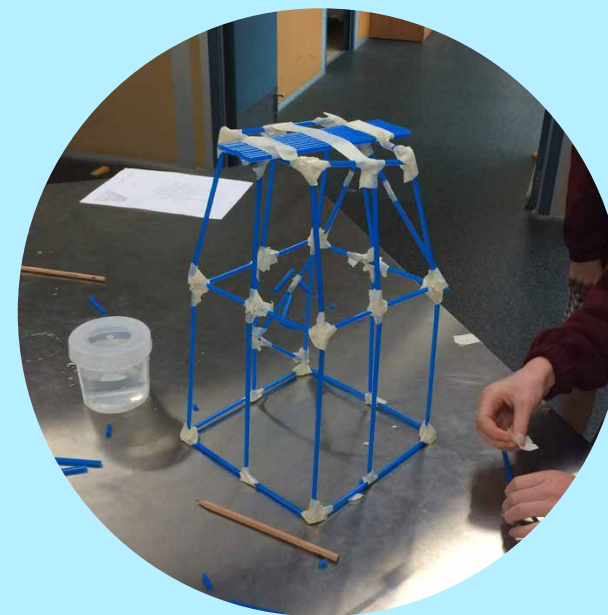
Year 12 student

MATHEMATICAL PROBLEM SOLVING AND STEM INVESTIGATION

Students in Years 5 and 6 from Holy Family Primary and St Anthony's Primary and Year 7 students from MacKillop experienced a range of problem solving activities in both Mathematics and STEM in late October. In working together with new and old friends, they appreciated a variety of approaches to develop a response to a variety of tasks, including building a water tower with plastic straws and tape capable of holding up to five litres of water, delving into combination theory as they investigated how many ways cups and saucers could be combined, and investigating if a knight could visit every square once and only once on a chessboard. All in all, students enjoyed working together to solve and explain their thinking whilst making new friends in a collaborative space.

Paul Kruger

Numeracy Project Officer





FORENSIC ANTHROPOLOGY

On Friday 26 October, students in Legal Studies and Senior Science along with some keen Year 10 students were audience to a lecture by leading forensic anthropologist, Dr Justyna Miskiewicz who visited MacKillop from ANU. Her talk detailed the type of work undertaken by people in her field, from archaeological digs, to mass war graves to police investigations - and busted a few myths presented in popular forensic TV shows.

On Monday 29 October these students were given the opportunity to visit ANU where they worked with Dr Miskiewicz in the Forensic Bone Lab. This hands-on experience had the students first learning to identify and reassemble human bones in their anatomical position. This was followed by two problem-solving tasks where students had to determine the age, sex and height of two people based on casts of their bones: one from a 2000 BC burial site in the Philippines; the other from a modern homicide investigation in the USA.

Dr Miskiewicz was an inspiring lecturer and tutor and she was impressed by the engaged and 'switched on' approach from the MacKillop students.

Tristan Burg

Science Coordinator - St Peter's Campus



EARTH SCIENCE LECTURE

On Monday the 29th of October Earth and environmental science students attended a lecture and workshop at the Research school of Earth sciences at ANU. Students learned about Palaeoclimate, evidence for climate change and got an opportunity to view the SHRIMP and examine slides of plankton from the Holocene and Last Glacial Maximum.

Ummehani Rangwalla

Science Teacher

NUCLEAR SCIENCE TRIP

On Wednesday the 24th of October, physics and chemistry students woke to a 6am rise to embark on an excursion to the ANSTO (Australian Nuclear Science & Technology Organisation) facility at Lucas Heights to gain an insight into the applications of science in industry such as the production of nuclear medicine (ANSTO is a major producer of technetium-99m used for medical diagnostics and cancer treatment), radiocarbon dating and radiation waste management. The students also engaged in talks pertaining to the use of radiation in industry and the work that ANSTO does both nationally and internationally in terms of research, consultancy and production. These talks were then followed by a tour of the facility where the students were exposed to a wide variety of instrumentation such as neutron scattering, mass spectrometry and particle accelerator laboratories as well as the OPAL (Open Pool Australian Lightwater) reactor, the centrepiece of ANSTO and Australia's only functional nuclear reactor.

We would like to thank Dr Burg, Mr Hamerton and Ms. Mackinnon as well as the staff at ANSTO for making this excursion possible and hope that many more students choose STEM subjects in the near future.

Alexis Lanuza

Year 11 student



SENIOR EXAMS

Semester 2 exams will commence shortly for our Year 11 and 12 students. The timetable of exams is presented in this newsletter. These exams form part of the assessment package for all students and are an opportunity to demonstrate learning and achievement. Preparation and careful study for exams is important.

The following exam guidelines are in place to provide the best opportunities for success for all students.

- Students are responsible for ensuring they know when and where their exams are on.
- If a student believes they are entitled to special provisions they are responsible for completing the required form (see Canvas) and making supporting documentation available to Mrs. Anderson (Inclusive Education). This is to be done in a timely fashion.
- If a student is absent from an exam due to misadventure (eg illness or accident), they must provide documentation to substantiate their absence. This may be in the form of a doctor's certificate or a pharmacy certificate. Arrangements will be made for exam re-sits as required.
- If a student is absent without a valid reason they will be permitted an exam re-sit, but will receive the Notional Zero for their attempt regardless of result.
- Late students will not be allowed additional time to complete their exam unless they have appropriate documentation.
- Students will need to bring their student identification card to all exams.
- Mobile Phones
 - a. Students are NOT allowed to have their mobile phones out before, during or after entering an exam venue.
 - b. Students are to ensure that their mobile phone is switched off and remains in their pocket for the duration of any exam. Failure to do so is in breach of exam conditions and will incur a penalty.
- Smartwatches are not permitted within the exam venues. Clocks will be used to display the time in all venues.
- Students must remain in the exam venue for the duration of the exam.

YEAR 10 EXAMS

The Year 10 exam timetable is included in this newsletter. As part of preparation for senior studies, Year 10 students will undertake their exams in the gymnasium. These exams will be longer than class tests and formal in nature. All Year 10 students will undertake the scheduled exams. At the completion of the exams, students will return to their normal lessons.

For further information regarding the semester exams, please contact Maria O'Donnell on 62090140 or via email at maria.odonnell@mackillop.act.edu.au.

Maria O'Donnell

Assistant Principal Academic Care



VISUAL ARTS NEWS

The Visual Arts faculty continues to have a busy and exciting year! Our resident artist, Smalls, continues at MacKillop this term, based on the senior campus. He is running workshops in classes and getting to know the Year 10 -12 students.

Last term the Visual Arts faculty ran life drawing classes at the Tuggeranong Arts Centre. Year 11/12 Visual Arts students, their parents/carers and MacKillop staff were invited to attend the free sessions which ran for two hours once a fortnight. Visual Arts teachers each had a turn at running a session which was a valuable professional experience. The classes were well attended by senior Visual Arts students, a range of MacKillop staff from both campuses (including Mr Lee, whose drawing skills were quite impressive!) and one parent. All those who attended appreciated the opportunity to improve their drawing skills and take some time out to do something creative, relaxing and challenging.

Art Club has been running on the Padua Campus for most of this year and occurs every Monday from 3.15 – 5.00pm in Art 2. Students are welcome to attend these sessions to catch up on assessment tasks or to simply make use of our materials, facilities and expertise to explore and develop their skills and passion for visual arts. Students can see a Visual Arts teacher for a permission note if they would like to attend.

Following on from another successful Inspire Art Competition is our senior Visual Arts exhibition, ISART. All Year 12 students who study Visual Arts, Graphic Design, Photography and Media will have their creations exhibited at the Phoenix Gallery and throughout the Visual Arts block on the St Peter's campus in Week 15. Our opening night and celebration will take place on Wednesday 14 November at 5pm.

Tamara Muzdoch

Visual Arts Coordinator

Year 10 and Senior Exams - Semester 2 2018

Year 10 Exams S2 2018		
Wednesday 14 November	Period 1-2	Year 10 RE
Thursday 15 November	Period 1-2	Year 10 Science
Friday 16 November	Period 1-2	Year 10 Mathematics

Students are to attend normal scheduled Year 10 classes for all other periods.
All other Year 10 assessment will be scheduled in normal class time.

Senior Exams S2 2018		
	Year 11	Year 12
Wednesday 21 November Morning (9.15am)	English T	Mathematical Methods Ancient History A/T Business A/T
Wednesday 21 November Afternoon (1.15pm)	Literature Economics Legal A/T	English T
Thursday 22 November Morning (9.15am)	Mathematical Applications Specialist Methods	Essential English Literature
Thursday 22 November Afternoon (1.15pm)	Mathematical Methods Psychology A/T	Mathematical Applications Specialist Mathematics
Friday 23 November Morning (9.15am)	Modern History A/T IT DM Geography A/T Global Studies A/T	Exercise Science A/T Physics IT DM Geography A/T Global Studies A/T Sociology A/T
Friday 23 November Afternoon (1.15pm)	Biology Business Administration	Biology Modern History A/T Business Administration
Monday 26 November Morning (9.15am)	IT A/T Ancient History A/T Exercise Science A/T Earth Science	IT A/T Legal Studies A/T Earth Science
Monday 26 November Afternoon (1.15pm)	Business A/T Physics Oceanography Senior Science	Hospitality T Economics Psychology A/T Oceanography Senior Science
Tuesday 27 November Morning (9.15am)	Hospitality T Sociology A/T Chemistry	Chemistry
Tuesday 27 November Afternoon (1.15pm)	Music A/T	Music A/T

Please Note: Some courses do not have a final semester exam.

All Year 11 and 12 students will receive a personalised examination timetable indicating session start and finish times and locations.

Enquiries regarding exam schedule should be directed to Janine Hickson, Student Records in the first instance on 62090129.

insights



6 nightmare habits that are ruining teenagers' sleep

by Michael Grose



Many teenagers today are sleep deprived. They should be getting between nine and 10 hours sleep each night, yet most get only seven or eight hours. Some get less.

Sleep deprivation is akin to jet lag. It causes young people not to function at their optimum. It can be the cause of poor behaviour, mental health problems and low functioning in the classroom.

Sleep maximises the brain growth that occurs during adolescence. It also consolidates learning. Sleep research has shown that when a young person is asleep, the brain practises what it has learned during the day. So sufficient sleep consolidates past learning as well as keeping a young person fresh to maximise their future learning.

Sleep experts stress that while adults may not have control over biology we can assist young people to establish good sleep patterns. The first step is to eradicate some of their bad habits, starting with the following:

1. Being glued to a digital screen

The digital devices a young person uses to roam through cyberspace are as addictive as cocaine, with similar arousal effects as well. The blue light emitted by mobile devices stimulates the brain into keeping kids awake well into the night. Tip: Get your kids away from digital devices at least 90 minutes before bedtime.

2. Doing homework in bed

The brain associates activity with location. When young people are at their desks in school it's easy to get into study mode. They associate learning and productive activity with their classroom and its furnishings. The same principle applies at home. If they fire up their laptops and work while on their beds, it is hard for them to mentally switch off from their schoolwork when the light finally goes out. Tip: Keep homework out of bedrooms. If they must work in their rooms, confine study to a desk.

3. Spending all day indoors

Moping around the house is a huge part of the adolescent experience. However, spending all day away from natural light is shown to lead to anxiety and depression, which are both causes and symptoms of lack of sleep. Put a cap on moping about and encourage them to go outside – take a walk, meet a mate, do an errand. Tip: A minimum of hour outside a day helps keep insomnia at bay.

4. Sleeping in late on weekends

The sleep-wake cycle for teenagers is delayed by up to two hours. That is, they get sleepy later and wake later than when they were children. In most teens, melatonin – which makes them sleepy – is secreted around 11 pm. Cortisol, the chemical that wakes them up, is secreted at 8.15 am for many. So the adolescent brain wants to be asleep just when most of them need to be waking up to go to school. Many teenagers catch up on this lost sleep on the weekend. However, if your teen is sleeping in until midday on weekends then his whole sleep cycle is being thrown out of whack. Tip: Keep sleep-ins to no more than an hour longer than normal to keep the sleep clock operating on a regular basis.

5. Talking on their mobile phones

A mobile is an extension of the person for most teens. Unfortunately, there's no getting away from the fact that mobile phones may be harming our health. One study (<https://www.emf-portal.org/en/article/15274>) found that radiation thrown off by mobile phones can seriously throw off sleep in heavy phone users. The study found that regular mobile phone users reported more headaches, took longer to fall asleep and had difficulty experiencing a deep sleep. Tip: Encourage young people to limit the length of their calls and place a moratorium on mobile use 90 minutes before bedtime.

6. Consuming caffeine and other stimulants

It's a familiar story. It's seven o'clock in the evening and your teenager hasn't started a big assignment that's due the next day. Needing to stay awake for the big job ahead, she drinks a coffee or a caffeinated soft drink or two to keep her adrenaline high. Consuming caffeine in any form after dinner is like throwing a wrecking ball through regular sleep patterns. The brain needs to calm down rather than be artificially stimulated if sleep is to occur. Tip: Confine caffeinated drinks to mornings to minimise their impact on sleep.

According to beyondblue, one in seven teenagers experiences a mental health disorder. Many experts agree that if they were to choose only one strategy to improve young people's wellbeing it would be to increase the quality and quantity of sleep that teenagers have. That's how important sleep is to a young person's wellbeing.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.